



# TIDELINE

March 2010

## SPECIAL POINTS OF INTEREST:

- **Tuesday, March 2nd, Liturgy Committee, 3 PM**
- **Spring Cleaning, Saturday, March 13th 8AM-Noon**
- **Empty Bowls, Friday, March 19th, First Baptist Church, 11AM-2PM**
- **Walk the Labyrinth, Friday, March 19th 7-10 PM; Saturday, March 20th 9AM-Noon**
- **Palm Sale Preparations, Saturday, March 20th & Sunday March 21st, 1:30 PM**
- **Tuesday, March 23rd, Children & Families Meeting 7PM**
- **Thurs. March 25th ROMEOS lunch**
- **Confirmation Class, March 26th and 27th**

## Centering Prayer

In our preschool class each Sunday, teachers and children gather at a little table, light a candle, and take a moment to speak to God. Like all preschoolers, ours at COS are full of prayers of thanksgiving. On a recent Sunday morning, after thank-yous for sunshine and brothers, one of the children said, "Thank you God for You." I agree with the young pray-er: it is pretty great to have a God we can just sit down and talk to.

And there are lots of ways to talk to God.

We can read written prayers or make them up as we go. We can gaze at a candle or icon. We can walk a labyrinth or stare at the sea. We can keep a prayer journal or use prayer beads.

A practice called Centering Prayer requires nothing but sitting silently in God's presence.

Centering Prayer is an ancient contemplative method that has been re-introduced in the United States in recent decades. It is simple. Sit comfortably. Close your eyes. Choose a word that signals your desire to be present with God. Gently introduce the word in your mind. When other thoughts slip (or rush!) in, allow them to float gently away. Return to the word.

If possible, do this every day for 20 minutes. When someone first begins this practice, she or he may feel nothing. But as time goes by, a practitioner begins to notice interesting shifts in her or his life. Fresh and surprising ideas may arise. Moods may change. A sense of peace and well-being may take root and grow.

Whatever form of prayer you choose, try to make time for at least a bit of it each day—and not just when you're running late and stuck in a traffic jam!

A favorite book on prayer in general is *Beginning to Pray* by Anthony Bloom, a much-loved archbishop of the Russian Orthodox Church in Great Britain. A book on Centering Prayer is *Open Mind, Open Heart* by Thomas Keating; and a website for Centering Prayer is [contemplativeoutreach.org](http://contemplativeoutreach.org).

May your prayer this Lent bring you the clear awareness of a young child—that God is right there, just waiting for a moment of loving connection.

*Catherine*

## Preparing for Easter

Wonder if your children think jelly beans are the most important thing about Easter? Bring them to a special program at Church of the Servant on **Saturday, March 27** from 10 am to noon. Catherine will tell the story of Jesus' last days (and his resur-

rection) using a wooden model of Jerusalem. The children will make Easter dish gardens, prepare some decorations for our church, and stuff plastic Easter eggs for the Farm Worker Ministry in Newton Grove. The morning is designed for children in

preschool through grade 5; children in preschool and kindergarten should bring an adult. Friends are welcome! Let us know if you're coming by emailing:

[growingup@cosiscopal.com](mailto:growingup@cosiscopal.com).

## J2A Pilgrimage

The J2A of our church are getting ready to embark on their Pilgrimage in June to Salt Lake City, Grand Teton and Yellowstone national parks. You can support this effort by contributing to the "Invest in Our Youth Pilgrimage Stock Offering." Shares are \$25 each. This stock appreciates immediately and the stockholders will get a big vote of thanks from the youth and their leaders. The cost of the pilgrimage is shared by the families, the parish, from fundraisers and from individual contributions such as yours.



## Meet our J2A Pilgrims (Part I)

### Hannah Gary (1)

I am a freshman at Hoggard High School right now. I [auditioned] to go to the University of North Carolina School of the Arts on February 21<sup>st</sup>. I am very committed to ballet and I dance four to five days a week. From the pilgrimage to Wyoming, I am hoping to have us all grow in our own ways and get a new sense of togetherness. We have a good group and we all get along very well. This trip is going to be one of the best!

### Benjamin Snow (2)

I am 14 years old. I go to Myrtle Grove Middle School. I am in the 8th grade. I like to play sports and read books. I like the Muppets, Superman, food, hiking, the Yankees (baseball), and Mark Twain is one of my favorite writers. I would like to become a writer and definitely go to college. My favorite animal is the wolf. I like Disney World and snow...snow rocks! I like camping on Masonboro Island and I love kayaking.

### Brent Koehler (3)

I like to draw and enjoy reading, especially fantasy or murder mystery novels. I like comics. I'm currently a sophomore at New Hanover. I like learning about animals. And a lot of times when I draw I just see where my thought process goes. (See Brent's and other drawings and collages on the Parish Hall bulletin board.)

### Acolyte Festival

April 17th, St. Andrews on the Sound, Nags Head presented by the Diocese of Eastern Carolina. There will be service, workshops, and acolyte Olympics and the Bishop's Beach Ball. All ages of acolytes are welcome. Stay at Days Inn for \$64/night. The whole festival is \$25. We will have a car going so if you're interested, contact Arie Gee.

## Camp Trinity [www.trinityctr.com](http://www.trinityctr.com)

Now's the time to register for summer camp!

Our diocese offers the terrific (and affordable) Camp Trinity at Trinity Center, Pine Knoll Shores. Sailing, sports, arts and crafts, sing-

ing, skits! Programs are available for those in rising grades 4-12, and for any age with disabilities. Brochures are on the bulletin board and table in the parish hall.

## Rocking chair

I sit silent rocking  
 eyes closed  
 listening to the jubilant roar  
 of the human animation of the room  
 spirits reach out  
 from their dwellings  
 with vocal limbs  
 to touch,  
 to contact,  
 to connect with others  
 to express exuberant joy  
 in the company of their fellow humans.  
 Company. . .  
 even God found  
 worth pursuing,  
 retrieving, rescuing  
 even through death  
 to bring back to life again.  
*Amy Newsom*  
*Shrove Tuesday Supper 2010*

## Adult Christian Education

### Sunday mornings in Lent: What Do We Say About Death?

Our series continues with presentation and discussion. 9:30 AM in the Parish Hall.

**March 7** The biblical attitude toward death led by Phil Stine

**March 14** Theology of the Episcopal Burial Service led by Catherine Powell, Rector

**March 21** Our experiences and questions led by Luleen Anderson, clinical psychologist and writer, with a panel of responders

### Wednesday evenings in Lent:

#### Who is Jesus? Where does our understanding of him come from?

Watch segments of a new DVD program, "First Light," featuring John Dominic Crossan and Marcus Borg teaching us about the culture and background which gave rise to the historical Jesus and his teaching about the kingdom of God.

Join in lively discussions about Jesus then and now.

Our soup suppers will be provided by J2A youth pilgrims who ask for contributions from us to support their coming pilgrimage. They will also provide childcare. Children can join in the soup supper or eat a bag supper brought by their parent.

## Pastoral Care

Our parish has persons who can't attend on a regular basis. We can let them know we think of them with a card, call or visit.

**Mamie Bryan;** 402 Pine Valley; Wilmington, NC 28412; Phone: 791-1817. All contacts

**Jim Poteat;** 1790 Fork Mountain Road, Bakersville, NC 28705; Cards only

The Church of the Servant extends heartfelt condolences to Chris and Kemille Moore on the death of Chris's father and Jasper Moore's grandfather, Dr. Charles H. Moore in Laramie, Wyoming on January, 18, 2010; to Betsy Bilger and Eddie Caropresso on the death of Betsy's father and Sarah and Clair Caropresso's grandfather, Richard Barry Bilger in Charlotte, NC, on January 29, 2010:

To Chris Smith on the death of her mother, Helen Robinson Smith in Jacksonville, FL, on February 4, 2010; and to Michelle and Seth Landesman on the death of Michelle's brother, Steven Proctor, on February 8, 2010.

"Give to the departed eternal rest; Let light perpetual shine upon them." BCP p. 387

# Palm Sale 2010



Please join us for the afternoon of Saturday, March 20th to cut, wash and trim locally cut palms for our Palm Sale. We'll gather at 1:30 PM on the patio next to the playground. Churches within our Diocese and other churches in the Wilmington order palm fronds, hand fans, bunches of strips and palm crosses for their Palm Sunday services. Proceeds from the sale are used for Church of the Servant expenses throughout the year.

We will then begin making the palm crosses on Sunday afternoon, at 1:30 PM. We will teach you! Crosses may also be made at home during the week.

Assistance is also needed to help customers pick up their orders on Thursday and Friday at COS.

Thanks for supporting this Church Fundraiser!

1:30 PM on Saturday, March 20th and/or

1:30 PM on Sunday, March 21st to make palm crosses



## Treasurer's Report

For January 2010, we had a deficit (as anticipated in the budget) of \$5,440, largely because there were three pay periods in the month instead of the usual two. We also had a couple of large expenses – a big propane bill since we ran out of gas and registration for the Diocesan convention. These are all ordinary expenses; they just came at the same time this year.

In the Restricted Fund, donations of \$1,620 for Episcopal Relief and Development for Haiti relief were received in January, as well as a few checks made out directly to ERD. I sent those funds to ERD the first week of February and will send other donations as they come in.

Bargain Box had net profit for 2009 of \$18,094. The Vestry approved the following profit distribution: \$5,000 to Good Shepherd Ministries, \$5,000 for

mini-grants to non-profit organizations, and \$8,094 to the BB Reserve Fund for maintenance contingency.

So far 2010 has seen unprecedented catastrophe in Haiti and huge winter storms paralyzing parts of the US. Episcopal Relief and Development is working with many of the people and programs impacted by these disasters. Your contributions to ERD are making a significant difference in the lives of many people. The following quote from the ERD website expresses their philosophy:

“Go with the people. Live with them. Learn from them. Love them. Start with what they have. Build on what they know. But with the best leaders, when the work is done, the task accomplished, the people will say, ‘We have done this ourselves’.” — Lao Tsu, Chinese Philosopher, 700 B.C.

**Dear God,**

Please make of my life  
what You would have it be,

Time and fate  
have twisted things  
I cannot straighten out  
alone.

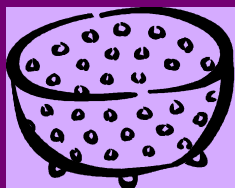
Dear God,  
may I begin again.

My body  
my mind  
my spirit  
my love  
my hate  
my pain  
my sorrows  
my joy  
my questions  
my fears  
my hopes  
my visions  
I give them all  
to You.  
Amen

Illuminated Prayers by  
Marianne Williamson

### Operating Fund, 01/31/2010

	Actual January	Monthly Budget	Actual YTD	Budget YTD	Annual Budget	Over/Under YTD
Total Income	23,190	23,007	23,190	23,007	312,687	183
Total Expense	28,994	30,391	28,994	30,391	326,293	-1,397
YTD Net Deficit	-5,804	-7,384	-5,804	-7,384	-13,606	1,580
Prior year's net income, offset shortfall	364	364	364	364	4,418	0
Net Deficit after offset	-5,440	-7,020	-5,440	-7,020	-9,188	1580
Balance Remaining on Property Loan:	\$447,823					



Buy tickets after services

## Outreach: Kitchen Shower for Refugees

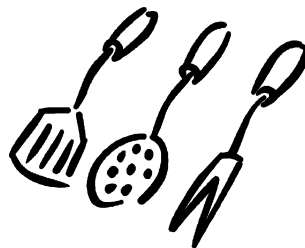
The Outreach Committee approved COS supporting the new Interfaith Refugee Ministry - Wilmington (see *January Tideline*) by sponsoring a Kitchen Shower to help furnish the kitchens of the first two refugee cases arriving in late Feb and early March. The first to arrive on Feb. 23rd was a 58 year old gentleman from Columbia. We anticipate a Cuban family of four arriving in early March.

On Sunday, March 7th visit our table in the narthex to gather information about the much needed kitchen items. Best of all, you don't have to go shopping! We want USED kitchen items in good condition which are cluttering up your cupboards and storage areas. Remember that free knife set you received when you made that purchase? Or maybe you still have an unpacked box of dishes you haven't used in since college. Do you need both

that large and small coffee pot?

Let us help you simplify your life by reducing clutter and in turn you can create a warm new beginning for newcomers seeking a new life of freedom.

Pick up a leaflet listing needed items on March 7th or 14th and bring in your donations on March 21st so our tree can sprout new beginnings for these newcomers to our town.



If you would like to purchase your donation remember our Bargain Box! It has a marvelous house wares selections. It's located at:

4213 Princess Place Drive  
Wilmington, NC 28405  
(910) 362-0603

If you would like individual tax receipts for your donations, please write your name and address on the leaflet when you drop off your items. If you made a purchase, please also include the receipt with the leaflet.

Interfaith Refugee Ministry is seeking donations of larger furniture items such as chairs, lamps, sofas, beds, dinette sets, etc. We are not collecting those in our kitchen shower, but you can arrange a pick-up by contacting Jamie Mills, Director IRM-Wilmington at (910)264-7244 or Pam Minor at (910) 763-9380.

If you have questions about the kitchen shower, email me at [csm21046@gmail.com](mailto:csm21046@gmail.com) or call me at 857-544-8271.

Carol Milam

## Empty Bowls 2010

Friday March 19th 11AM-2PM

First Baptist Church Activity Center, 1939 Independence Blvd

Local potters and restaurants join with all of us at a special soup lunch to help

feed the hungry of our area. Your donation of \$15 or more covers soup, bread, and a handmade bowl. All proceeds go to Mother Hubbard's Cupboard and the Good Shepherd Center.

This project was introduced to our community by Grace Crooks in 2000 and we will recognize her by designating **Sunday, March 14th as "Grace Crooks Sunday."**

[www.goodshepherdwilmington.org](http://www.goodshepherdwilmington.org) / click Empty Bowls

## The Way of the Cross: 14 Stations and the Lent of Cancer

“Jesus is condemned to death.”  
 Waiting tensely for the verdict  
 --A wrenching time before the answer,  
 “You have cancer.”

“Jesus takes up his Cross.”  
 The way of suffering is my chance for life.  
 I do not want to bear this cross.  
 I feel lost.

“Jesus falls for the first time.”  
 I choose the surgery that’s offered,  
 then wake with terror in the night,  
 fighting, faltering in my fright.

“Jesus meets his afflicted mother.”  
 Finding comfort in my friends  
 and loved ones standing by,  
 but feeling stabbed with grief, I cry.

“The Cross is laid on Simon of Cyrene.”  
 I do not bear it all alone.  
 My friends will walk with me  
 and share the cross life’s given me.

“A woman wipes the face of Jesus.”  
 Feeling wretched after chemo,  
 they come and hold my hands and face.  
 How hard it is, accepting grace.

“Jesus falls a second time.”  
 I want to do it all alone,  
 not feel so fragile, weak and needy.  
 --my independence falling, bleeding.

“Jesus meets the women of Jerusalem.”  
 Many share the pain with me,  
 and some have shared my weeping.  
 My heart is in their tender keeping.

“Jesus falls a third time.”  
 It takes such courage to walk this path.  
 I stumble, fall, get up again.  
 What caused this all? What wrong? What sin?

“Jesus is stripped of his garments.”  
 It strips away so much of me,  
 bravado, and false modesty.  
 I’m so exposed from day to day.

“Jesus is nailed to the Cross.”  
 Hear the pounding of the nails.  
 See the needles sticking me.  
 Both pain and cure infusing me.

“Jesus dies on the Cross.”  
 Something’s dying deep inside,  
 old fears still hanging from the past,  
 exposed and brought to light at last.

“The body of Jesus is placed in the arms of his mother.”  
 The cancer cells are carried off.  
 The Spirit-Mother mothers me  
 and holds me tight, embracing me.

“Jesus is laid in the tomb.”  
 I lay my life down in my faith.  
 The Lent of Cancer days are ending,  
 my soul and body slowly mending.

*Jan Christophersen*  
 written on Good Friday, March 29, 2002



## News From Our Seminarian

It arrived on a cold, dark, snowy day. It was a beautiful handmade Valentine, carrying a beautiful message from the children of Church of the Servant. "Seeing you smile is a happy Valentine's Day." Well, you sure made me smile!! Thanks for thinking of me. I am certainly thinking of you. Being at the Diocesan Convention in New Bern gave me a chance to see some of you and to remember how much your friendships mean to me. Reading the Tideline each month helps me stay con-

nected. Some of you have become Facebook friends. [Editor-Facebook photo] Some of you send me funny emails. Everything seems to be going well at Church of the Servant. Thanks be to God. It's hard to believe that I am half-way through my time at seminary. It is flying!! I am enjoying some particularly challenging courses this semester, including studying the relationship of Jesus and the Jews in the Gospel of John, taught by a visiting scholar who is herself Jewish. I am also reading contem-

porary theologians in Latin America, Africa, and the Far East on the doctrine of the Trinity. For a course in American religion history I am working on a paper on the experience of African Americans in the Episcopal Church. The Yale Library has a microfilm of a manuscript of a sermon by Absalom Jones, the first African American ordained priest in the Episcopal Church. Again, thank you for staying in touch. I wish each of you a blessed Lent. (Susan) Rainey G. Dankel

## STEWARDSHIP 2010

## It's Not Just A Fall Fundraiser

The February Newsletter highlighted the outstanding results of the 2009 COS Stewardship Campaign, but also noted in the Finance Report that the 2010 budget for the church was still a deficit budget. A focus on stewardship can not stop with the end of the pledge drive each year. We have to continue to focus on meeting any commitments we have made and thinking of new ways that we can expand our stewardship. Stewardship can be defined as "the careful and respon-

sible management of something entrusted to one's care." The Vestry of COS has made a commitment to increase our year round focus on Stewardship, its many meanings, and how we all contribute. The February "Pathways to a Greener Planet" Conference that explored pursuing environmental stewardship from a faith based perspective is just one of the on-going ways COS will continue to broaden the understanding of how we each are and can be good and faithful stewards.

Please be prayerfully considering your activities and interests at COS and how each of you can help us increase the awareness and focus on stewardship. David Smith will be leading the COS Stewardship Committee in 2010. David or I would love to speak with any of you who feel a call or just an interest in sharing in the work of developing COS as a Community of Stewards.

*Rebecca Blake, Vestry liaison for Stewardship*



## Spring Cleaning

Buildings & Grounds invites you to a Church Spring Cleaning on Saturday, March 13th. Beginning at 8AM and continuing to noon, when lunch will be provided!

- yard and garden clean-up
- parking lot maintenance
- remove old playground
- clean and organize outside shed and maintenance room
- general inside cleaning of the church



## Retired Older Men Eating Out

Join the ROMEOS for Lunch, Thursday, March 25th. Location: Tokyo 101, Mayfaire Town Center (just across from the Melting Pot & near cinema.) Call Dennis Conlon for time: 399-1597

## Newcomers

We have had the pleasure of having many newcomers join us over the past year or so. The Newcomer Committee wants to be sure that all of the newcomers feel included in the COS community. Please join us in issuing special, personal invitations to church events.

To ensure our feelings of community, we want to encourage taking this one step further and being intentional about our attitude of inclusion.

**Let's have dinner!** Without being overly organized or micro-managing, we would like for

those of you who have been around awhile (no reference to age intended!) to invite some of those newer to the COS community for dinner, joined by a few other COS friends. It seems a perfect way for us to get to know one another, build community, and do one of the things COS does best – eat good food!

Here's the plan. Pick your date, time and place for your gathering (brunch, lunch, dinner, cocktails) and contact Laura Adams ([LMH17@ec.rr.com](mailto:LMH17@ec.rr.com)) for names of newcomers. It's that easy! Bon Appétit!

## Inquirers/ Confirmation Class

March 26, 7-9pm and March 27, 9am-2 pm.

Classes will cover the basics of Christianity and the Episcopal Church. Those who would like can be welcomed as official Episcopalians or confirmed in their Christian faith when Bishop Marray visits us on April 25. Contact Catherine with questions or to register: [rector@cosepisopal.com](mailto:rector@cosepisopal.com) or 395-0616.

# March Services Schedule

Print Out This Page for A Handy Reference

ACOLYTES: Contact Arie Gee 515-1085; amg7882@uncw [Also ECM parish liaison]

<b>March 7</b>	<b>March 14</b>	<b>March 21</b>	<b>March 28</b>
Casey Ludlum	Tess Colby	ECM	Arie Gee
Lauren Posey	John Barri		Hannah Gary
Rachel Posey	Eva Barri		Ben Snow

ALTAR GUILD: Contact Earla Pope 763-6929; earlapope@bellsouth.net

<b>March 7</b>	<b>March 14</b>	<b>March 21</b>	<b>March 28</b>
Earla Pope	Kim Sincox	Cheryl Plowden Margie Hunter	Jack Morgan

LECTORS 8:30 AM: Reader (top line) and Prayers. Contact Grace Crooks 796-6550

<b>March 7</b>	<b>March 14</b>	<b>March 21</b>	<b>March 28</b>
Veda Wilson	Mark O'Neal	Lee Blalock	Harold Horne
Chris Moore	Harold Horne	John Ormond	Chip Blalock

READERS & LAY EUCHARISTIC MINISTERS (LEM) I I AM: Contact Kathie Jorgensen 791-6357; jmail@ec.rr.com.  
Top line: OT reading; 2nd line: Epistle; 3rd line: Prayers of the People; \* indicates chalice bearers

<b>March 7</b>	<b>March 14</b>	<b>March 21</b>	<b>March 28</b>
Phil Stine	Liz Bryan*	Kim Sincox*	Rhoda Gary
Janet Autry*	Ed Danilowicz	Ken Colston*	Letty-ann Mudar*
Frank Ogden*	Doug Sincox*	Joe Hickman	Carl Salisbury*

GREETERS 8:30 (top line) and I I AM: Contact Sharon Irwin 392-9722; sharonirwin@peoplepc.com

<b>March 7</b>	<b>March 14</b>	<b>March 21</b>	<b>March 28</b>
Grace Crooks	Mary Beth Koehler	Anne Knopf	Cheryl Plowden
Laura Adams	Ken Colston	Jane Broder	Alfreda & Courtney Gee

VERGERS: Contact Doug Sincox 799-9456; kimsincox@bellsouth.net

<b>March 7</b>	<b>March 14</b>	<b>March 21</b>	<b>March 28</b>
Doug Sincox	Courtney Gee	Barbara Rowe	Don Hickey

FINANCE/DEPOSIT: Contact Joan Geiszler-Ludlum

<b>March 7</b>	<b>March 14</b>	<b>March 21</b>	<b>March 28</b>
Dona Robertson	Joan Geiszler-Ludlum	Mary Ames Booker	Joan Geiszler-Ludlum

VESTRY PERSON: Contact Philip Stine 793-4469; philipstine@earthlink.com

<b>March 7</b>	<b>March 14</b>	<b>March 21</b>	<b>March 28</b>
Carl Salisbury	Rebecca Blake	Dennis Conlon	Marty Brown



Tideline is the monthly newsletter of Church of the Servant, Episcopal, 4925 Oriole Dr., Wilmington NC 28403.

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Web: [www.cosepiscopal.com](http://www.cosepiscopal.com)



Visit Church of the Servant on Facebook

Please notify the Church of change of addresses, including email.

## Church of the Servant Organization

Bishop of East Carolina: The Rt. Rev. Clifton Daniel, 3rd, DD

Bishop Assisting, Diocese of East Carolina: The Rt. Rev. Santosh Marray

Canon to the Ordinary: The Rev. Canon Matthew Stockard

Rector: The Reverend Catherine Powell

Deacon & Pastoral Care: The Reverend Sonja Robinson

Music Director & Organist: Jennifer Sugerik

Parish Administrator: Peggy Coulson

Sexton: Luis Hernandez

### VESTRY & OFFICERS

Senior Warden: Philip Stine

Junior Warden & Buildings/Grounds: Don Hickey

Treasurer: Janet Autry

Clerk & Communications: Mary Ames Booker

Adult Christian Education: Dennis Conlon

Children & Families: Cristi Pollock

Finance: David Hoolahan

Liturgy: Carl Salisbury

Newcomers: Laura Williams

Outreach: Keith McCahan

Parish Events: Stephanie Norris / Dennis Conlon

Stewardship: Rebecca Blake

Website & Computer Management: Marty Brown



Photos courtesy John Bauerlein / Mandela Services Inc.

## Lobster Fest 2010



“Lobster Line! May I take your order?”

Beginning in mid-April the Lobster Line will open for business. Could you help by answering the Lobster Line during daytime and evening hours for a week?



We will provide the cell phone and blank order forms. All you do is answer the call, take the order and after a week return the orders and the phone to Church of the Servant and the next person will pick it up. The Lobster Line will be in business from mid-April to the event on June 5th. The last day for orders will be May 27th.

If you can help with this aspect of Lobster Fest 2010 please talk with Letty-ann Mudar or Mary Ames Booker. Thanks!